



# OneTouch<sup>®</sup> Delica<sup>®</sup> Plus lancing device

## Frequently Asked Questions (FAQ) Guide

The FAQ Guide provides suggested responses to a range of common questions that healthcare professionals, caregivers and patients may have about the OneTouch<sup>®</sup> Delica<sup>®</sup> Plus lancing device.

**1 Can I use OneTouch® UltraSoft® lancets or other lancets with the OneTouch® Delica® Plus lancing device?**

No. The OneTouch® Delica® Plus lancing device only uses OneTouch® Delica® Plus and OneTouch® Delica® lancets.

**2 Can I still use my OneTouch® Delica® lancing device? Will lancets still be available for it?**

Yes. You can still use your OneTouch® Delica® lancing device.

The OneTouch® Delica® lancets will be phased out for new OneTouch® Delica® Plus lancets. These new lancets will be compatible with both the OneTouch® Delica® and OneTouch® Delica® Plus lancing devices.

**3 I have some unused OneTouch® Delica® lancets. What should I do with them?**

As long as they are not expired, you can still use them with your OneTouch® Delica® lancing device.

To avoid infection, **do not** use lancets after the expiration date printed on the lancet packaging.

**4 Can I use a lancet more than once?**

To help reduce the chance of infection, use a new sterile lancet every time you test. Lancet reuse can dull or bend the tip of the lancet, causing damage to your skin, scarring and greater pain.

Never use a lancet or lancing device that has been used by someone else. Always dispose of the used lancet in a container for sharp/biohazard objects.

**5 How does the OneTouch® Delica® Plus lancing device compare with the OneTouch® Delica® lancing device?**

The OneTouch® Delica® Plus lancing device has over 50% less vibration in comparison with the OneTouch® Delica® lancing device.\* This makes for smoother, more precise testing.\*

Testing with the OneTouch® Delica® Plus lancing device is also less painful compared to testing with the OneTouch® Delica® lancing device.†

13 depth settings allow you to personalize testing for your comfort.

\* Approximately 52% better vibration control compared to the OneTouch® Delica® system.

† Based on a 2018 study conducted in the US on 103 patients with diabetes using the OneTouch® Delica® Plus lancing device

## 6 OneTouch® Delica® Plus lancing device packaging refers to “13 depth settings for personal comfort”. What does this mean?

The device has 13 puncture depth settings. Each dot shown between numbers 1 to 7 on the Depth Wheel indicates an additional available depth setting.

Adjust the depth by turning the depth wheel. Smaller numbers are for a shallower puncture and larger numbers for a deeper puncture.

Try a shallower setting first and increase the depth until you find the one deep enough to get a blood sample of the proper size (see your meter instructions).

The setting you choose must be deep enough to get a round drop of blood large enough to get an accurate result with your meter (see your User Guide that came with your system for information on the proper blood sample size).

## 7 How do you use the OneTouch® Delica® Plus lancing device?

Prepare the lancing device by following these steps:

- Remove the lancing device cap
- Insert a sterile lancet into the lancing device and remove its protective cover
- Replace the lancing device cap
- Adjust the depth setting
- Cock the lancing device by sliding the button back until it clicks

After preparing the lancing device, you can now test following these steps:

- Hold the lancing device firmly against the side of your finger.
- Press the release button to puncture.
- Apply the blood sample following the instructions in your Meter or System Guide for proper sample application.
- Remove the lancing device cap
- Cover the exposed lancet tip with protective cover
- Eject the lancet
- Replace the lancing device cap

For more details, refer to the full instructions provided in the retail kit.

## 8 How do I dispose a used lancet?

Discard the used lancet carefully after each use to avoid unintended lancet stick injuries. Used lancets may be considered biohazardous waste in your area. Be sure to follow your health care professional's recommendations or local regulations for proper disposal.

## 9 How do I store the lancing device?

There are no special storage conditions. Store with the carrying case that came with your system.

Caution: Keep the lancing device away from young children. The lancing device, cap, lancets and lancet protective covers are choking hazards.

## 10 How can I reduce the chance of infection?

- Make sure to wash the puncture site with soap and water before sampling.
- Never share a lancet or lancing device with anyone. For single patient use only.
- Always use a new, sterile lancet - lancets are for single use only. **Do Not** Reuse.
- Keep your lancing device clean.
- **Do Not** use lancets after the expiration date printed on the lancet packaging.

## 11 Is there any difference between the OneTouch® Delica® Plus lancets and the OneTouch® Delica® lancets?

- The OneTouch® Delica® Plus lancets were designed to be more environmentally friendly than OneTouch® Delica®, using 15% less plastic.
- OneTouch® Delica® Plus lancets were also designed different than the OneTouch® Delica® lancets in order to work and fit with both the OneTouch® Delica® Plus and the OneTouch® Delica® lancing devices.

## 12 Is there any difference between the OneTouch® Delica® Plus lancing device and the OneTouch® Delica® lancing device?

- The OneTouch® Delica® Plus lancing device has over 50% less vibration in comparison with the OneTouch® Delica® lancing device.\* This makes for smoother, more precise testing.\* Testing with the OneTouch® Delica® Plus lancing device is also less painful compared to testing with the OneTouch® Delica® lancing device.† 13 depth settings allow you to personalize testing for your comfort.

### 13 Why did LifeScan introduce the OneTouch® Delica® Plus Lancing System?

- The OneTouch® Delica® Plus Lancing System, was designed to provide more comfortable testing versus the OneTouch® Delica® lancing system.

### 14 Do the OneTouch® Delica® Plus lancets work with my current OneTouch® Delica® lancing device?

- Yes, the OneTouch® Delica® Plus lancets can be used with the OneTouch® Delica® lancing device and are available in 30G and 33G, like the OneTouch® Delica® lancets.
- Compatibility of the OneTouch® Delica® Plus lancets with the OneTouch® Delica® lancing device has been evaluated in studies.

### 15 Why do my OneTouch® Delica® Plus lancets look and feel different from OneTouch® Delica® lancets?

*Or any question related to the look, feel or quality of the lancets.*

- The OneTouch® Delica® Plus lancets are designed to be more environmentally friendly by using 15% less plastic, so this might also be a reason you see and feel them differently.

### 16 I am unable to get enough blood using the OneTouch® Delica® Plus lancing device and OneTouch® Delica® Plus lancets. What should I do?

- There are many factors that may influence how large a blood sample you will get but we suggest increasing to one of the 13 depth setting offered on the OneTouch® Delica® Plus lancing device. You may also want to consult with your HCP on changing the size of your lancet, OneTouch® Delica® Plus lancets come in 30G and 33G.

### 17 I am unable to get enough blood using OneTouch® Delica® lancing device with my OneTouch® Delica® Plus lancets. What should I do?

- There are many factors that may influence how large a blood sample you will get but what we suggest you try increasing the depth setting of your device.

\* Approximately 52% better vibration control compared to the OneTouch® Delica® system.

† Based on a 2018 study conducted in the US on 103 patients with diabetes using the OneTouch® Delica® Plus lancing device.